



Clubs and groups to consider joining and activities to consider exploring

Athletics

Activity or Group	Description	Open to:
Cheerleading	Who is more athletic, the athletes being cheered for or those doing the cheering? Today's cheerleaders need strength, flexibility, and endurance. This is because their routines use gymnastic and dance. Plus you have to like performing for an audience!	High school students
Sports of your choice	If you like to spend time with others, consider a team sport such as soccer. If you like to spend time alone, consider a sport such as running. Either way, you can improve your fitness and learn some teamwork skills. Sports are options at many schools and through city programs.	Anyone of any age

Clubs

Activity or Group	Description	Open to:
Student club, such as chess, computer, or foreign language	Do you want to spend time with people who are interested in the same things as you? If so, consider joining a club. Club members often set up activities related to their interest. For example, the chess club may set up a tournament or a foreign language club may set up a trip to another country. If your school doesn't already have a club that matches your interest, consider starting one.	Middle school and high school students

Community Service

Activity or Group	Description	Open to:
DeMolay	Have you heard of the Masonic Lodge? This is the youth group for boys. In this group boys participate in community service and learn leadership skills. It isn't all work though; there are plenty of fun activities. http://www.demolay.org	Boys between age 12 and 21
Job's Daughters Rainbow Girls	These are two separate organizations for girls that are sponsored by the Masonic Lodge. In these groups girls participate in	Girls between age 10 and 20

	<p>community service and learn leadership skills. It isn't all work though; there are plenty of fun activities.</p> <p>Job's Daughters: http://www.iojd.org/</p> <p>Rainbow Girls: http://www.gorainbow.org/</p>	
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Interest

Activity or Group	Description	Open to:
Collect something of interest to you	What fascinates you? A lot of people who are fascinated by objects have a collection. For example, you could have a set of stamps, coins, or Star Trek toys. You'll be surprised by the collections other people have!	Anyone of any age
Hobby	What do you like to do in your free time? Cook? Garden? Sew? Build rockets? Having a hobby or two can keep you entertained.	Anyone of any age
Read	Do you love to read? Keep it up. You can learn a lot about the world through reading.	Anyone of any age

Leadership

Activity or Group	Description	Open to:
4-H	<p>If you think 4-H is just about cows and chickens, think again. Clubs can concentrate on anything from dairy to technology and computers, GIS/GPS to sewing, cooking, or community service projects. The goal of 4-H is to learn leadership, citizenship and life skills.</p> <p>http://4-h.org/</p>	Boys and girls between age 8 and 18
Boy Scouts	<p>You may know the boy scouts as outdoors adventurers who wear uniforms. There is more to them than that. Granted, learning about the outdoors is a big part of the program. However, boy scouts also learn leadership skills and how to be involved citizens.</p> <p>http://www.scouting.org/</p>	Boys between age 11 and 17.
Boys State or Girls State	Do you think you want to be an elected official? Are you interested in how government works? You can spend about a week after your junior year in high school learning about government. As a participant,	High school juniors

	<p>you are part of a "city." The "citizens" of each of these cities elect mock city officials and representatives to the mock State Legislature. You also elect state officials, such as the Governor. The legislature elects leaders and passes bills.</p> <p>http://www.boysandgirlsstate.org/</p>	
Camp Fire	<p>Camp fire is for both boys and girls. In addition, your family members are encouraged to be involved. Camp fire participants engage in fun activities and in community service projects. The goal is to build caring, confident youth and future leaders.</p> <p>http://www.campfireusa.org/</p>	Boys and girls up to age 21
Girl Scouts	<p>Everyone loves Girl Scout cookies! But there is more to being a girl scout than selling cookies. Girl scouts learn about sports, other cultures, and the environment. They also participate in community service projects. The goal is to have fun, make friends, and develop leadership skills.</p> <p>http://www.girlscouts.org/</p>	Girls between age 11 and 17
Model United Nations	<p>Do you follow the news from other countries? There is a lot happening beyond the borders of the U.S. In Model UN, you step into the shoes of ambassadors from UN member states. You debate current issues on the organization's agenda. In addition, you make speeches, prepare draft resolutions, negotiate with allies and adversaries, resolve conflicts, and navigate the Model UN conference rules of procedure. Your goal is to resolve problems that affect countries all over the world.</p> <p>http://www.unausa.org/modelun</p>	Middle school and high school students.
Student council or leadership in a student club (president, treasurer, or other officer)	<p>The Student Council plays an important role in every school. They help share students' ideas, interests, and concerns with the teachers and principal. Similarly, the leaders in a club share ideas with the adult who is the club advisor.</p>	Middle school and high school students

Military

Activity or Group	Description	Open to:
Junior Reserve Officers' Training Corps (JROTC)	<p>Many high schools offer JROTC courses as part of the curriculum. In these courses you learn about the military experience and careers. You also gain leadership skills.</p> <p>Air Force JROTC: http://www.afoats.af.mil/AFJROTC/</p> <p>Army JROTC: https://www.usarmyjrotc.com/</p> <p>Marine JROTC: http://www.mcjrotc.org/</p> <p>Navy JROTC: https://www.njrotc.navy.mil/</p>	High school students
Sea cadets	<p>If you're interested in joining the Navy as an adult, or just want to learn more about it, consider joining the sea cadets. You'll learn about the military and gain seagoing skills.</p> <p>http://www.seacadets.org/public/</p>	Boys and girls between age 11 and 17

Professional Association

Activity or Group	Description	Open to:
DECA	<p>Are you interested in marketing, management, and business? In DECA you can learn about all these. You can participate in individual or team competitions about these areas.</p> <p>http://www.deca.org/</p>	High school and college students
Family, Career, and Community Leaders of America (FCCLA)	<p>As the name suggests, in FCCLA you can learn more about and become involved with families, careers, and your community. Projects reflect a variety of youth concerns, including family relationships, community service, peer pressure, financial literacy, nutrition and fitness, teen violence prevention, and career exploration.</p> <p>http://www.fcclainc.org/</p>	Middle school and high school students
Future Business Leaders of America (FBLA)	<p>In FBLA, you participate in a variety of activities. Some activities, such as job shadow programs, prepare you for a future career. Other, such as planning community service projects, prepare you to be a community leader. In addition, you can</p>	Middle school and high school students

	create your own project and complete at the local, state, and national levels. http://www.fbla-pbl.org/	
National FFA Organization	The National FFA Organization is not just for those who are interested in farming. It is also for those who are interest in biotechnology or other area related to agriculture. In the National FFA Organization, you learn about agricultural topics, have hands-on career experience, and gain leadership skills. https://www.ffa.org/	
Junior Achievement (JA)	Junior Achievement's programs vary by age level. High school students can create a small business and run it for a year. It isn't just about business though. You can learn about managing finances and many other life skills. Middle school students also participate in activities related to business and working. http://www.ja.org/	Elementary, middle, and high school students

Recognition

Activity or Group	Description	Open to:
National Honor Society	This group is for students who meet a certain GPA. Group members are encouraged to participate in service and leadership activities. http://www.nhs.us	Middle school and high school students

Scholarly work

Activity or Group	Description	Open to:
Academic Olympics or Decathlon	Can you answer many of the questions when you watch Jeopardy? If so, you might want to participate in the Academic Olympics. In this event, groups of students compete against each other in academic and technical competitions. Math, science, foreign languages, and fine arts are just a few of the topics covered.	High school students
International Science and Engineering Fair	Are you good at science? Do you have an idea you want to investigate? Consider entering this national science fair. You could win a college scholarship. http://www.societyforscience.org/isef/	High school students

Talent

Activity or Group	Description	Open to:
Dance	Do you have two left feet? Probably not if you're interested in dance. If you're thinking about a career in dance, consider classes in ballet, jazz, or modern dance. If you want to dance with your friends, consider classes in tango, swing, or ballroom. No matter what you study, you'll have fun!	Anyone of any age
Debate, forensics, or speech	Have you heard that the activity many people are most afraid of is speaking in public? If you participate in debate (also known as forensics or speech) you'll learn to compose your thoughts quickly and speak well in public.	High school students
Drama	Do you like to pretend you're someone you're not? While we all do it to some extent, some people are really talented at acting. If your school doesn't have a drama department, check out opportunities in your city.	Anyone of any age
Orchestra, band, or chorus	Playing a musical instrument or being able to sing are skills that a lot of people don't have. If you're good at making music, keep it up! Join a band or perform by yourself. Keep having fun!	Anyone of any age
Photography, painting, sculpting, drawing, and other arts	Many adults draw stick figures because they can express an idea better that way than if they drew it realistically. If you have a talent with drawing, photography, painting, or sculpture, you should be proud. Keep refining those skills. If you're good enough, you might be able to make a living as an artist.	Anyone of any age
Yearbook, newspaper, or literary magazine	Do you like to write? If you do, there are lots of publications that need you. Most schools have a newspaper and many also have a yearbook or literary magazine. Put your creativity to work and write a masterpiece!	High school students

Volunteer

Activity or Group	Description	Open to:
Volunteer at an animal shelter, food bank, or other organization that needs your help and interests you	Most cities are full of organizations that help others--and they could use your help. For example, you could work with animals at a shelter, feed the hungry, or build a house for the homeless. If you're interested in politics, work on the campaign of a candidate you support. There are many volunteer opportunities. Look around your community for groups that serve others.	Anyone of any age